

## ALMA HIGH SCHOOL BOYS TRACK & FIELD RECORDS

EVENT	NAME	TIME/HEIGHT DISTANCE	YEAR
100m Dash	Dexter Pendergraft	11.10	2004
200m Dash	Dexter Pendergraft	22.30	2005
400m Dash	Shannon Perry	49.0	1977
800m Run	Christian White	1:57.67	2016
1600m Run	Christian White	4:26.61	2016
3200m Run	Matt Mason	10:03.83	2007
110m Hurdles	Daren Simmons	14.20	1993
300m Hurdles	Daren Simmons	37.6	1993
4x100m Relay	Craig Comstock Joseph Medeiros Derek Hellard Joseph McCollum	43.41	2006
4x200m Relay	Lance Reese Ritchie White Bobby White Ralph Stockemer	1:32.40	1981
4x400m Relay	Ethan Brewer Alex Elam Tim Person Nick Wilbanks	3:20.87	2012
4x800m Relay	Phillip Sandifer Anthony Fulmer Matt McSpadden Matt Mason	8:07.14	2007
Pole Vault	Brent Sams	15'8"	2007
High Jump	Michael Orrick	6'9"	1995
Long Jump	Shannon Perry	22'6"	1977
Triple Jump	Jason Hensley	42'8.5"	2010
Shot Put	Jordan White	60'10"	2011
Discus	Donnie Youngblood	179'10"	1998